

« FOULEES MONTERELAISES » - Confluence 10K

General Informations

This mixed race will be held on Sunday October 23, 2022.

It is open to licensed and no licensed runners.

It meets all regulatory requirements.

Track

Flat and fast

Road is closed to normal traffic excepted for organisation and emergency vehicles if needed

Organisation Committee

CS Montereau - Athletics section

Organising Committee is in accordance with regulation about running in foot races.

Manager and contact

Daniel SIGONNEAU , 48 Rue de la Gare , 77130 Varennes sur Seine

Mobile : (+33) 6 48 40 49 21 – Email : dan.sigonneau@gmail.com

Regulation

Registration

Registration to the race signifies your agreement to comply with this following regulation.

❖ *How to register?*

- Internet : <http://protiming.fr> Deadline : October 20 , 9:00pm
- On site : SEMISOROFF room , NODET Hall , Avenue du Maréchal LECLERC
77130 Montereau Fault Yonne
Saturday, October 22, 02:00pm to 05:00pm
Sunday, October 23, 08:00am to 09:30am

❖ *Required documents*

Copy must be provided.

- Licensed runners

Valid license at the current date of the race, issued by certified sports federation, on which should be displayed by any means the no contraindication for athletics or running competition (except FFA license).

- No licensed runners

Medical certificate dated within one year at the current date of the race attesting the no contraindication for athletics or running competition.

No other document will be accepted.

Please see paragraph "Responsability"

Fees

❖ No FFA licensed runners

12 Euros until October 12

15 Euros after October 12

❖ FFA licensed runners

10 Euros until October 12

15 Euros after October 12

❖ Sports clubs (discount until October 12)

9 Euros per runner from 11 to 20 registrations

8 Euros per runner beyond 20 registrations

Any commitment is firm and final, no refund will be made even if the runner does not take the start.

However, in the event of failing to take part in the race, the transfer of the registration may be done to another runner, this before October 12.

Organising Committee must be informed by mail or E-mail.

Please see paragraph "Causes of disqualification"

Withdrawal of bibs

ID must be provided at the withdrawal of the bibs

- On site: SEMISOROFF room, NODET Hall, Avenue du Maréchal LECLERC
77130 Montereau Fault Yonne
Saturday, October 22, 02:00pm to 05:00pm
Sunday, October 23, 08:00am to 09:30am

Race instructions and informations

❖ Start and finish

- Start: 10:00am – Rue Leo LAGRANGE
- Finish: About 10:29am – Avenue du Maréchal LECLERC
- Max time is 1h30mn

❖ Wearing the bib

- During the whole race, the runner must wear the bib supplied by the Organisation Committee.
- The bib must be worn on the chest, fully visible.

Please see paragraph "Causes of disqualification"

❖ Timing

- Transponder integrated in the bib.

❖ Race Director

- He is appointed by the Organising Committee
- He has full authority over decisions and it will be final.
- Due to force majeure, he has the authority to cancel the race at the last moment or stop it at any moment. All runners will be warned by any possible means and will have to comply with the directives. If they are not observed , no refund or compensation will be made .

Please see paragraph “Responsability”

❖ Insurance

- Organising Committee has taken out insurance covering the following risks.
 - Civil liability for Organising Committee
 - Civil liability for volunteers
 - Civil liability for no licensed runners

❖ Assistance and Support

- Safety is insured by “Escorte Motocycliste Francilienne” marshals
- 2 doctors will be at disposal as well as “Ordre de MALTE” paramedics
- After the finish line, there will be a recovery stand with 3 physiotherapists and 2 podiatrists.

❖ Right to image

- Due to their participation, runners waive any right to their image and allow the Organising Committee, right holders and business partners to use it for a period of 3 years.

❖ Responsibility

Organising Committee accepts no responsibility in case of:

- Theft
- Lost or damage for valuables
- Accident or failure due to a poor health status
- Disregard traffic laws
- Be unaware of these regulations
- Dismiss directives of the Race Director

❖ Causes of disqualification

- Bib does not match with ID
- Transponder does not match with ID
- External assistance for the race
- Follower support for the race

❖ Results

- Results with classification will be published by any means selected by Organising Committee.

❖ Awards

- To all finishers
- To the first 5 women and the first 5 men at scratch results.
- To the first 1 women and the first 1 men of each sports class (cadetsmasters) .

Not cumulative with previous awards

- To the female winner and the male winner of Master sports class
Not cumulative with previous awards

❖ Premiums

- See Excel spreadsheet